

ECHO

**The New Brunswick Association of Speech-Language Pathologists
and Audiologists**



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EXECUTIVE COUNCIL

President	Paula Murray
President-Elect	Joannie Morris
Past-President	Cathy Cormier
Treasurer	Francisca Morneault-Rouleau
Secretary	Allison Bowes
Public Representative	Lucie Boucher

STAFF

Executive Director	France Gauthier
Registrar	Nicole Fowler
Executive Assistant	Valerie Caron

REGIONAL REPRESENTATIVES

Moncton	Cathy Cormier
Saint John	Jennifer MacFarlane
Fredericton	Margo Cartwright
Edmundston	Claudine Godbout-Lavoie
Campbellton	Stephanie Bellemare-Gagnon
Bathurst	Stephanie Bellemare-Gagnon
Miramichi	Lindsay Gillis

COMMITTEE (AND SUB-COMMITTEE) CHAIRS

Awards	<i>Vacant</i>
Audiology	<i>Vacant</i>
Complaints	Claudine Godbout-Lavoie
Finance	Francisca Morneault-Rouleau
Legislation	Cathy Cormier
Membership	Allison Bowes
Public Relations	Dianne Silliphant
Translation	Nicole Caissie
Discipline	<i>Vacant</i>
Training Trust Fund (co-chairs)	Annie Giasson & Kathy Mullin
SLP Committee (co-chairs)	Ruth Woodworth & Kathrin Pader
Education	<i>Vacant</i>
CEE Auditing	Allison Bowes

In the past two years, I have been working slowly with the Executive Council to improve our internal governance structure.



Executive Director's Update

France Gauthier

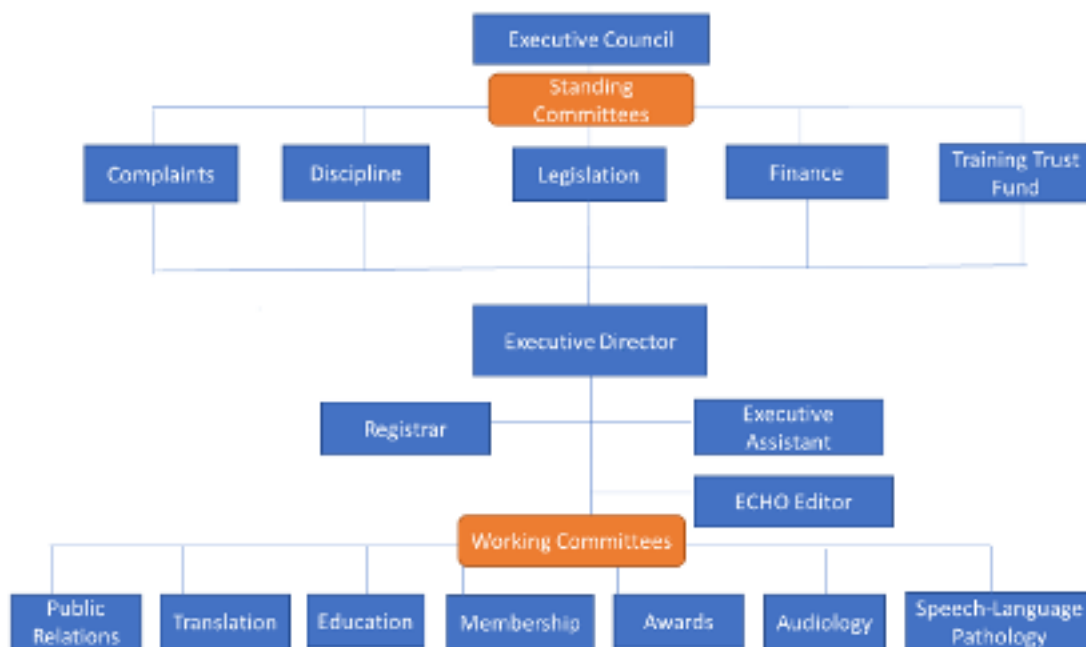
Since our Association is growing and expanding, roles and responsibilities are changing, and we must adapt. The latest changes that have taken place are the division of all NBASLPA committees into two distinct categories, “Standing Committees” and “Working Committees”.

Standing Committees are ongoing committees established by the executive council and reporting to it. They frequently deal with responsibilities outlined in the bylaws or enabling legislation of the organization.

Working Committees are those established by and reporting to the Executive Director. They deal with operational or management matters.

Our organizational chart and all committee terms of reference have been edited to reflect these changes.

NBASLPA Organizational Chart



Speaking of governance, we are currently in our last year of our 2020-2022 strategic plan. We have been quite successful so far in meeting our objectives. In the next six months our executive council and staff will be preparing for the next strategic planning session by recruiting a strategic planning coordinator and by sending our members a satisfaction survey. By comparing the survey results to those of 2019, we will have a good idea of what we are doing well and what we can improve.

In an effort to reduce the number of emails to members we have created multiple member mailing lists to send more targeted email communication that is truly relevant to you. We have also begun sharing all educational opportunities on our website rather than via email. All events and webinars can be found under **Educational Events** in the **News & Events** tab. We encourage members to share all continuing education opportunities with the office at info@nbaslpa.ca if it can be beneficial to others. This section is always up to date!

You will notice in this issue of the ECHO, we have begun including volunteer spotlights. Our Association is so fortunate to have so many dedicated volunteers working diligently and passionately behind the scenes and we believe they deserve recognition! Volunteer spotlights will now be a permanent fixture in our ECHO and we encourage members to send the names of volunteer recommendations to the office throughout the year.

We have been working very closely with our website provider this year to improve our website look, feel and functionality. One of the most time-consuming tasks was delivering an online Renewal for our members this year. We were very pleased to be able to achieve this on time. From the office perspective, the process was much smoother and efficient. We received great member feedback that has been helpful in identifying the strengths of this new process and the little changes needed to improve for next year.

Most recently, our little Association received praise from a large, respected College on our **"Find a Professional"** website function.

"Your college deserves kudos for making your member register information accessible through a simple internet search – I am not aware of any other college who has done it to this level of sophistication anywhere! We'll be working with our web support team to see if we can replicate this functionality somehow using our systems."

Thank you to all for your messages of encouragement and constructive feedback and to all who volunteer their time working side by side with our staff. We are always happy to hear from you.





NBASLPA Public Representative Lucie Boucher

Public Representative

Ms. Lucie Boucher was appointed by the Minister of Health as the NBASLPA Public Representative in October of this year for a two-year term.

Ms. Boucher worked for more than 25 years in the financial industry as a financial advisor, wealth manager as well as an insurance agent. She held numerous positions throughout her career, both with a private company and a national financial institution.

Prior to her retirement in March 2019, she held the position of Regional Vice-President for Atlantic Canada for MD Management Limited, a subsidiary of the Canadian Medical Association. Having held other management positions over the years, she brings a wealth of knowledge in human resources, compliance, budgeting, governance, and strategic planning.

Ms. Boucher currently serves as director of the Louis J. Robichaud Foundation and is a member of its investment committee. She was also recently appointed to the Board of Directors for the Financial and Consumer Services Commission of New Brunswick.

In her spare time, she likes to stay active since she believes in “Motion is Lotion”. She enjoys Crossfit, running, snowshoeing, skiing, etc... A fun fact: As of December 2nd, 2021, she currently has a running streak of 940 consecutive days of running a minimum of 2k per day!!! She is not sure when it will stop, but since Covid put a damper on her retirement travelling plans...she will keep on running (for now).

She was happy to be given this opportunity as NBASLPA Public Representative as she looks forward to working with the other members of the Executive Council to help advance the provision of quality professional practices of audiology and speech-language pathology in New Brunswick.



Dear Members, as the incoming president of our association, I'm excited to have the opportunity to work on behalf of our audiologists and speech-language pathologists.



President's Message

Paula Murray

My past experience volunteering for NBASLPA as the registrar and a member of both the Training Trust Fund board and PR committee has motivated me to take on this new role. I have quickly realised the importance and the dedication of our staff and committee volunteers who support the ongoing work of the Executive Council. I would like to thank past president Cathy Cormier and the other members of the board who assisted in my transition to the role of president. I look forward to working together for the continued success of our association.

Our Executive Council and employees (Registrar, Executive Director, and Executive Assistant) are committed to addressing critical areas with the continued focus on regulation, education, advocacy, and governance. With the support of our Legislative committee and Registrar, we continue to move forward in updating and aligning NBASLPA bylaws and rules with our provincial counterparts and federal labour mobility requirements. Communication has been vital in helping the association direct its efforts to areas that are highly valued by our members. The Education committee organised a successful day of online learning

opportunities, supporting the clinical growth of our members. The PR committee continues to increase awareness of the association and our professions, most recently through an online public service announcement. Without these committee volunteers the Executive Council would be unable to achieve these results.

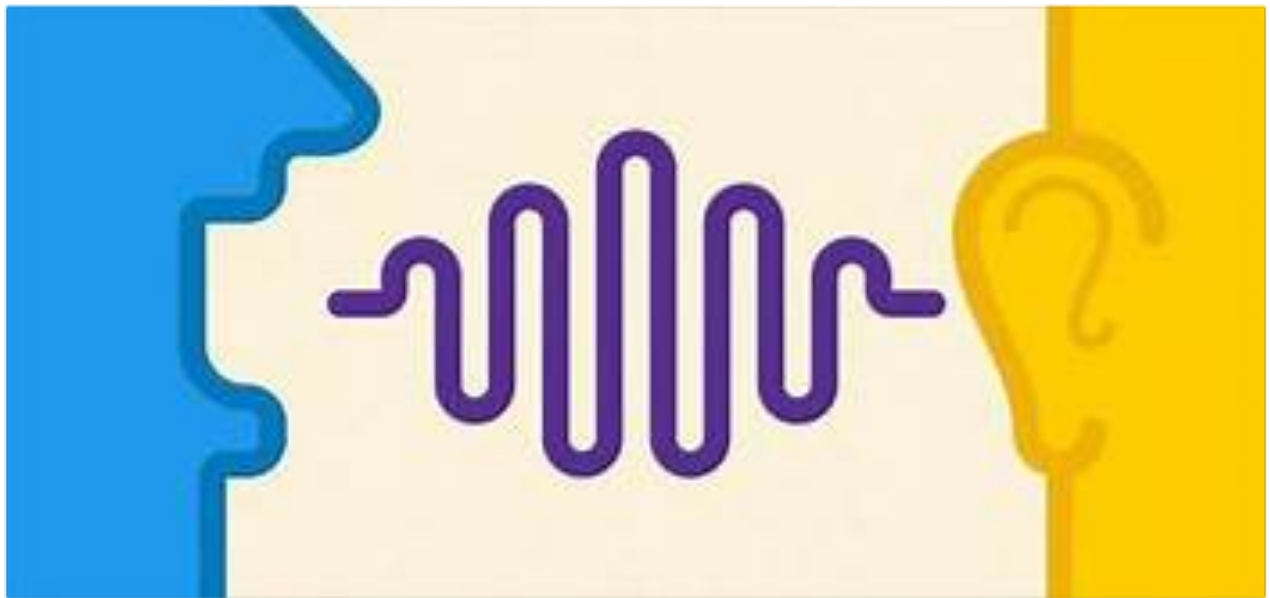
One of the Executive Council's priorities is being inclusive for all members. We were therefore very excited to be able to offer simultaneous translation for this year's AGM. Staff also worked tirelessly on streamlining NBASLPA's online registration and developing an educational module ensuring members' understanding of regulatory responsibility.

I am excited by what the EC and staff have been able to achieve in this past year. Looking forward to 2022 we will continue our work on regulation including clinical competency as well as updating our internal processes. While I cannot express how grateful I am for the support of our incredible staff, we would be unable to achieve so much without the re-engagement of several committees.

Thank you to the volunteers that give of their time to support the association. Please consider participating on a committee that could use your support or point of view. There are several goals and issues that we need to address and the work of many will facilitate our progress in meeting the needs of our members and the public. If you wish to volunteer or have any questions related to clinical practice, staffing, committees, or general concerns you can direct your communication to our Executive Director (ed@nbaslpa.ca) or current president (president@nbaslpa.ca). If you have any administrative questions with respect to website issues or registration, please contact our Executive Assistant (info@nbaslpa.ca). Ongoing and open communication with our members is vital for association to be effective.

I would like to recognize that these have been difficult times over the past few years, but the dedication of our members remained steadfast. We have collectively managed to continue to provide the best possible care to our clients. You should be proud of your accomplishments as we continue to work together to ensure that New Brunswickers live with optimal communication health. Please stay safe and enjoy the winter season.

Thank you,
Paula Murray



The Importance of Jurisprudence

The term “jurisprudence” comes from the Latin “termjuris prudential” and refers to the study or knowledge of the law.



Nicole Fowler

As a member of NBASLPA, it refers to the knowledge of our legislation, which includes the Act, the Bylaws, and the Rules. You watched the Jurisprudence or “regulatory” video and completed a quiz as part of your recent annual registration renewal for the 2022 registration year. Jurisprudence has become common practice as a registration requirement among regulators across Canada to ensure its members have knowledge of their regulatory body’s legislation to protect themselves, and the public they serve. Why is this important for NBASLPA members? It all comes down to being a regulated **profession**, the asymmetry of knowledge between the professional and the client/patient, and the “indelible mark” that we leave as professionals.

What is the Difference between an Occupation and a Profession?

In my relationship building with other regulators over the past year, I participated in an education session from a regulator of speech-language pathology and audiology from another province. As part of his presentation, he asked an interesting question that reinforced the importance of being a regulated profession. He asked if I knew the difference between an ‘**occupation**’ and a ‘**profession**’. He went on to explain that the difference has to do with degree of asymmetry of knowledge between the provider of the service and the client/patient, and whether the service leaves an “indelible mark”.

Speech-language pathology and audiology are ‘**professions**’ as there is an almost insurmountable asymmetry of knowledge between the speech-language pathologist, and audiologist, and the clients/patients they serve. The client/patient is unable to judge the quality of the service provided due to this asymmetry of knowledge. The client/patient can either go get the degree to fully understand the service being provided, or can get a second opinion, doubling

both cost and effort, and still not have the same level of knowledge or understanding as the speech-language pathologist or audiologist providing the service. As there is no practical way for the client/patient to fully overcome the asymmetry of knowledge, the client/patient must therefore trust in the ethics, beneficence, and competence of the clinician. Our work as speech-language pathologists and audiologists also leaves an indelible mark on the client/patient. Our service affects many aspects of the client/patient's life that can be carried with them for their entire lives.

An **occupation**, on the other hand, does not have the same degree of asymmetry of knowledge between the service provider and the client, and will not typically leave an indelible mark. If your dishwasher breaks, for example, and you call in a repair person to fix it, you can most likely look online or in a book, or ask a friend with experience with dishwashers, to get a fairly good understanding of what has been done. You would also have a pretty good idea of whether or not the repair person did a 'good' job. If the dishwasher no longer works the following day, you could most likely judge the quality of the service. If the dishwasher is still not fixed after having the repair person service it, it should certainly not leave an indelible mark on your life. You might be upset or annoyed for a short time, but it should not affect all aspects of your life or harm you in any way.

These differences between an occupation and profession illustrate the importance of being regulated and doing our due diligence to protect the public we serve by becoming familiar with and abiding by the Act, Bylaws, and Rules to protect the public and keep our clients from any indelible marks.



A Brief History Of Our Legislation

In the early 1980's, members of the NB Speech and Hearing Association recognized the importance of ensuring that only those qualified to provide SLP and AUD services should do so.

This required the establishment of a body to regulate the professions known as NBASLPA since 1987. This would restrict those without appropriate education and training from providing services that fall under the umbrella of speech-language pathology and audiology. One example was hearing aid dealers who provided hearing evaluations, prescribed, and sold hearing aids. Fred McElman was hired by the small association, and he worked with a group of members to prepare legislation. On June 27, 1987 An Act Incorporating The New Brunswick Association of Speech-Language Pathologists and Audiologists was assented to in the NB legislature. It is a private act with the “purpose of advancing and maintaining the standard of speech-language pathology and audiology in the province, for governing and regulating speech-language pathology and audiology services provided to the public and providing for the welfare of members of the public and members of the New Brunswick Association of Speech-Language Pathologists & Audiologists”.

The Act has several “parts”. We regularly use Parts II and III. Part II describes the responsibility of the Executive Council

which essentially manages all affairs/ business of the association including the practice of speech-language pathology and audiology. The Executive creates bylaws and rules.

Bylaws describe things we must do as an association and as speech-language pathologists and audiologists. For example, we must meet membership requirements and pay annual registration fees to be eligible to practice. Rules provide more detail including the procedures we follow. Some examples are the course content of degrees, clinical hours of practicums, and continuing education requirements.

Bylaws are proposed by the Executive and enacted, amended or repealed only after a vote by the membership. Following the membership passing a bylaw they become effective. The exceptions to this are bylaws that may affect employment. These must also be submitted to the Minister of Health who may or may not accept them. The bylaw is effective when the Minister responds with approval or amendment OR after 90 days have passed with no response. (Refer to Part II 5(3) of the Act.)

Rules are enacted, amended, or repealed with a vote by the Executive and are effective immediately although may be amended/repealed by ordinary resolution of the membership at an annual general meeting or special meeting. The Executive’s authority allows the business of the association to be carried out without interruptions.

Part III describes Registration and Membership including the role of the Registrar.

Two other important parts of the Act that focus mainly on protection of the public are: Part IV which describes Offences and Enforcement, and Part V which describes Discipline. The part on discipline was revised by **An Act Respecting Health Professionals Assented to December 19, 1996**. This Act applied to several associations regulating health professionals including NBASLPA. The changes that affected NBASLPA covered the topic of sexual abuse and the establishment of a Complaints Committee and the complaints process.

If you have questions related to regulations feel free to contact our Registrar.

Registration, license, or membership? Oh my! A Brief Explanation of NBASLPA Membership

Audiology and speech-language pathology regulators across the country use different terms to describe the way a professional belongs to one's regulatory body. The terms used relate to each jurisdiction's Act. Professionals may be registered, have a license to practice, or be members. In New Brunswick, we are members of NBASLPA. (The different membership categories (registered, temporary, non-practicing, student, life, honorary, and retired) are explained in our Rules.) Each member will now receive an electronic NBASLPA membership card signed by the registrar that they can print if they choose to do so. These cards are issued annually and may be used as proof of membership renewal when required.

NBASLPA's long-standing definition of a member in good standing includes, as you might expect, payment of the annual membership fee and completion of annual continuing education hours. It also stated, historically, that members must not have any sanctions or practice restrictions or conditions against them; however, that part of the definition does not align with our Act nor does it correspond with labour mobility guidelines.

- We need to realize that membership with a condition, limitation, and/or a restriction is not necessarily "bad" as conditions, limitations, and restrictions are used in ways that have nothing to do with disciplinary action.
- Your training program may not have included aspects of our scope of practice. For example, if your training program did not include dysphagia, you would have "dysphagia" listed as a restriction on your membership.
- You may be missing clinical hours so the registrar recommended membership with a condition, limitation, and/or restriction temporarily while you complete a recommended plan. Upon completion of the plan, conditions, limitations, and/or restrictions could be lifted.
- It is important that we do not confuse the conditions, limitations, and restrictions described above with those that result from discipline. Disciplinary actions are taken, as

recommended by the Discipline Committee as needed, when a complaint has been made and an investigation has been completed.

Considering the above, the Legislation Committee suggested an immediate revision to the definition of “member in good standing” for the Executive Council’s consideration. The Executive passed the proposed amendment in June 2021 so that Rule 14.8.2 now reads that “A member in good standing is one who has met the continuing education and/or quality assurance requirements; has paid the relevant membership fees; and does not currently have any other sanctions or practice restrictions against him or her as a result of disciplinary action. A member who has practice restrictions, conditions, and/or limitations for reasons other than disciplinary actions may be considered in good standing if all other requirements for good standing have been met.”

Jennifer O'Donnell and Eileen Keating, Legislation Committee Members

NBASLPA's first virtual conference was a resounding success!

We had 158 members and 19 non-members in attendance and a record 153 members online for our Annual General Meeting. Conference feedback was reviewed by the Education committee. Recurring comments included: well-organized, lots of variety, engaging presenters, highly relevant topics, and practical suggestions. Members also appreciated the low registration fee and the convenience of not having to travel and incur those additional costs for travel and accommodations. This enabled participation by some who otherwise would not have been able to join in. A few had issues with getting the handouts to print, but these were all resolved, and although 65% preferred the single day format, some asked for longer sessions and a second day.

Please save the date; we will be doing another virtual conference on **Friday September 30th, 2022**. We are happy to report that our 2021 virtual event generated a profit which will be tucked away for our in-person conference in 2023 to bring in the best possible speakers live!

Education Committee



The purpose of the Training Trust Fund Committee is to improve the quality and quantity of continuing education opportunities available to NBASLPA members in the province.

When the Training Trust Fund was created, a sum of money was invested on behalf of the members. The Committee monitors and manages the investment in order to make sure that funds will be available for years to come. Every year, when the investments have a positive return, the Committee determines an amount which is made available for continuing education.

In January 2021, the TTF committee decided to offer the unused funds from 2020 for educational events, rather than offering individual bursaries. This was exceptional for this year, as educational events were limited due to the pandemic. This was to allow more members to benefit from the funding.

The funding (6300\$) was made available and members were invited to apply but no application was received.

The funds were then set aside for the 2021 NBASLPA virtual conference. The conference was a success and made a profit. Therefore, the funds were not required. At the suggestion of the Education Committee, we decided to save half of the funds until the next in-person NBASLPA conference in 2023 and to use the other half for bursaries.

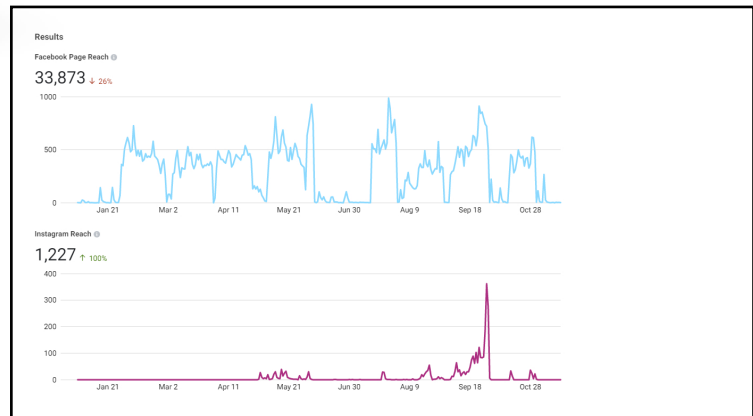
Therefore, bursaries will be available in 2022 to our members! We realise that because of the pandemic, there may not be opportunities for in-person events, but members may wish to apply for funding to attend virtual educational events. There will be two random selections for bursaries next year: the first deadline for submitting your applications will be on January 31 and the second deadline will be June 30.

If you wish to apply for a bursary, please complete the NBASLPA Training Trust Fund Individual Application Form to Attend an educational Event and the NBASLPA Training Trust Fund Individual Expense Form. These forms can be found on our website.

Good luck to all applicants!

The Public Relations Committee has been extremely busy focusing our efforts to increase engagement of the Membership and Public through advertising and sharing information using the social media platforms Facebook and Instagram

Since the beginning of 2021 NBASLPA's Facebook has 33,873 users and the INSTAGRAM reach is 1,227. This is with only \$355.46 of paid advertising!!!



INSTAGRAM: <https://www.instagram.com/nbaslpa/>

Facebook: <https://www.facebook.com/nbaslpa/>

With regards to the NBASLAPA website, the Public Relations Committee continues to work in conjunction with the Executive Director and Assistant to aid in the development of more user-friendly access to information. The exit poll pop-up has been tweaked as well as the information on “How to find Audiology and Speech-Language Pathology Services in New Brunswick” which is available on the NBASLPA website under Public. We are also sharing the responsibility of managing the Calendar of Events page on the NBASLPA website in conjunction with the Executive Assistant. We would love to have enough content on the website in the Members Section that our Members will look to the website for up to date information. Please feel free to share with Valerie Caron any upcoming events or activities so that she can post them on the NBASLPA website. Valerie can be reached at info@nbaslpa.ca.

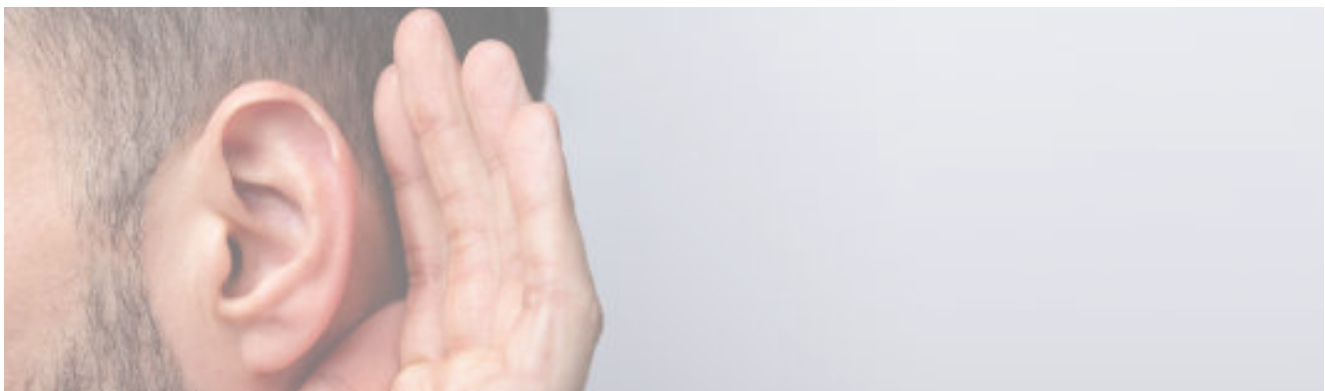
A Public Service Announcement video which was completed for our Speech and Hearing Month campaign is available through the NBASLPA website and social media. In addition, an educational video which reviews the role of NBASLPA and their responsibilities with respect to regulation, as directed by the Executive Committee, has been developed and is part of the registration process.



Over the next several months the Public Relations Committee will be focusing its efforts on the development of two more videos. The first will include information regarding Speech-Language Pathologists working in the School System and the second will focus on the profession of Audiology. The development of the content will begin soon, and we will be looking for volunteers who will allow us to take video or photos of them engaged with students and patients. Don't be surprised if a member of the Public Relations Committee comes knocking on your door!

Finally, the Public Relations Committee has set the goal of developing materials to be distributed to physicians, pharmacies etc., regarding workplace safety and audiologic evaluations as well as the importance of audiologic evaluations for those 65 years of age and older. We hope to have most of the content for the posters and brochures available for Speech and Hearing Month 2022!!!

Should any member be interested in helping update the NBASLPA website or develop content for our upcoming videos, posters or brochures, please feel free to contact me at dianne.silliphant@horizonNB.ca



Virtual Lunch and Share – Pediatric Feeding and Swallowing

We would like to invite our S-LP colleagues, who work in the areas of pediatric feeding and swallowing, to our first virtual “Lunch and Share” session.

When: Wednesday, February 16, 2022 from 12 noon to 1 pm.

Who: Paula Murray (S-LP) and Petra Robitaille (S-LP) will be available to answer your questions and share clinical experiences concerning pediatric feeding and swallowing.

How: Via Zoom. A link will be sent to all NBASLPA S-LP members at the beginning of February 2022.

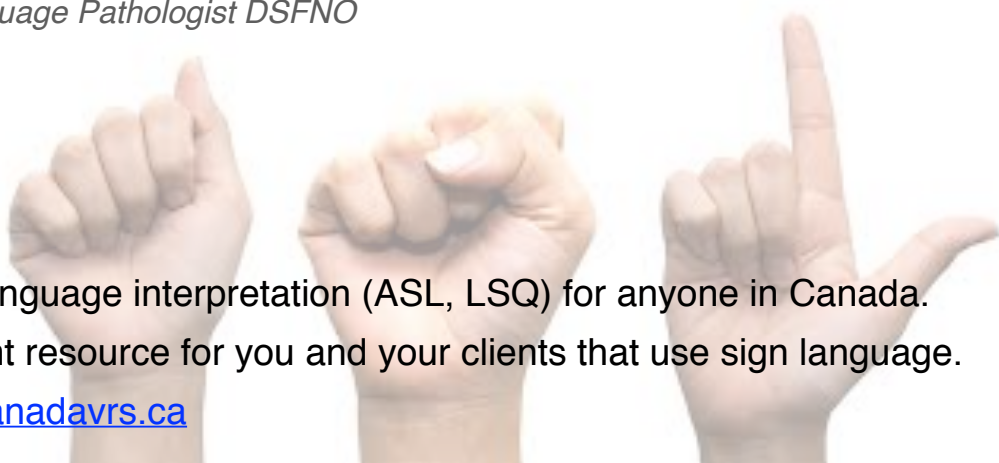
Bring your lunch and your questions



We asked members to share their favourite seminar/training/conference.

The training I enjoyed the most (my best in a long time!) was the one given by Amy Graham at the virtual conferences organized by the AOANB this fall - training related to intervention with dyspraxic children. I really loved it! I like to see a renowned speech therapist in action and she still presented several small video clips. I'm now following her on Facebook. 😊 My favourite! ❤️

Karine Beaulieu
Speech-Language Pathologist DSFNO



Free sign language interpretation (ASL, LSQ) for anyone in Canada.
An important resource for you and your clients that use sign language.

<https://srvcanadavrs.ca>

In this issue we will begin highlighting some of our volunteers who really stand out in our Association. Volunteers play such an important role in our Association and we cannot thank them enough for their time and commitment.

You definitely deserve to be highlighted and celebrated. Thank you for your excellent work. You are an integral part of our team.



Stephanie Tinker has been a clinical audiologist at the Saint John Regional Hospital for 11 years. She has been volunteering for NBASLPA on the Membership Committee, P.R. Committee, and social media (Facebook/Instagram) for 10 years.

Stephanie enjoys spending time with her family and friends, going for walks or hikes, reading, traveling and eating anything covered in sea salt, chocolate and caramel. Her favorite book series is Harry Potter and her favorite movie is Lord of the Rings. She is pretty happy living in Saint John, but if she could live anywhere else she'd choose Hawaii.

We asked her, “what motivates you to volunteer with our association?”

Stephanie said ***“I am very proud to be an audiologist. I feel we have an important role to play and a lot of knowledge that we can share with our colleagues, our patients, their loved ones, and the general public. I want to show that audiologists are helpful professionals who uphold the values of compassion, diligence, and integrity.”***



Nicole Caissie has been a Speech-Language Pathologist at the Dr Georges-L.-Dumont University Hospital for 30 years. She has volunteered for NBASLPA for as long as she can remember. She has volunteered as a co-editor of the Echo and did a term as Registrar. Nicole has been a member of the translation committee for several years, the last couple of years, as president of this committee.

Nicole likes anything that is related to the outdoors: biking, running, hiking, camping, gardening, cross country skiing, skating, snowshoeing. She rarely misses an opportunity to attend the Farmers' Market on a Saturday morning.

If given the chance to live anywhere, Nicole would stay in Moncton. She doesn't have any weird food combo that she enjoys, but will eat a combination of leftovers not really meant to be eaten together.

Nicole loves reading and has a variety of interests. Usually, finding her favourite book the one she is reading at the moment, always looking forward to finding out how it ends!

We asked her, "what motivates you to volunteer with our association?"

*Nicole said **"Our association could not function without the support of the numerous volunteers who sit on the different committees. As a member of NBASLPA, I feel that it is important to contribute."***





Dianne Silliphant

Getting to Know

Dianne is a Speech-Language Pathologist who has been working in the province of New Brunswick for over 30 years. She is the current chair of NBASLPA's Public Relations Committee and is passionate about working with preschool children who are spirited.

I was inspired to become a speech-language pathologist by my younger brother "R" who has Down Syndrome. R has always been a very social guy with a very limited vocabulary. As a child I always wanted to "help him to talk". Just the other day, when he attempted to imitate the name of an important person in our lives and it came out clearly he said "Wow me talk". "Didi speech" ("Dianne teaches speech"). "Me speech!" ("She helps me").

Over the past 30 years, I have worked primarily with preschool children with a few infants and adults in the early years. I have been a member of the Cleft Palate Team, NICU Follow-up Team, and the NICU Developmental Care Team. Infant feeding and swallowing will always remain near and dear to my heart.

At Woodbridge Centre I see preschoolers with general speech and language delays, motor speech and processing disorders, and children who are eventually diagnosed with ASD. Having additional training in administering the RITA-T, a level 2 screening for risk of autism in a real asset. I particularly enjoy working collaboratively with itinerant teachers from APSEA and audiologists providing intervention to preschoolers who are deaf and hard of hearing in the Fredericton Area.

My "go tos" for reinforcers are things that pop (pirate, bunny, monkey), marble works, hammer and "anything", activities with keys, gear games, and Preschool Candyland. Baby dolls, Velcro food, a picnic set, and, and a barn with animals and a tractor can always keep the conversation going. I also love using books. Something predictable or a flap books like "Where's Spot". This gem can be used to target many different speech and language goals along with Mercer Mayer's "Just for You" which is my "go to" when targeting actions.

What fills my cup? Seeing joy on children's faces. Hearing belly laughter during play while targeting speech and language. Seeing a mother's eyes well up when she feels heard and again when her child communicates intentionally for the first time. I LOVE helping little ones be the most awesome they can be and supporting their families. That's my favourite thing!



Joannie Morris



Getting to Know

Joannie Morris is a Speech-Language Pathologist who studied at Université de Moncton and Laurentian University. She has worked in both school and hospital settings. Joannie now works as the manager at Extra mural and at her private practice, mainly with pre-school and young school aged children. Jeannie loves dysphagia, the anatomy and the way that part of the body works is fascinating to her.

1. *What inspired you to become an SL-P*

I wanted to help people. I loved the education field but also the medical field, so I was lucky enough that an SL-P presented me with an observation placement at age 14 and loved it.

2. *How would you describe yourself in 3 words?*

Perseverant because I never stop wanting to be an SL-P even though the path I took was a little longer than everyone else.

Ambitious because I always have new goals, I always want more out of myself, my career, my life.

Resourceful because I try to make the most with what I got. If I want something I go get it no matter what the obstacles are.

3. *What will you be doing in 10 years?*

I am hoping to have a full-time private practice.

4. *If you won the lottery, what's the first thing you'd do?*

Travel for a full year and then choose my favorite spot and buy a house there to avoid Canadian winters. I would stay here in New Brunswick during the summer and leave as soon as the temperature drops below the point where I can wear flipflops.

5. *What is your favourite vacation destination?*

My favourite vacation destination would have to be Costa Rica. It was my first big trip and it was perfect! I had the chance to do it with a group during high school and it is some of my best memories. I hope I can go back someday.

6. *What is your favourite food?*

Anything from the Asian cuisine. It is so tasty, and it is not something I have mastered in the kitchen.

7. *Choose one other NBASLPA member. What is your favourite thing about that person?*

All my fellow colleagues I had the chance to work with in the schools and at the hospital. Every single one of them has helped me with my career as I was starting. They offered me so much support, material and knowledge over the last few years. Some of them were even my preceptors before being my colleagues and for that I thank them!



MONCTON



The Moncton Hospital Update:

We are super happy to welcome the following new staff members, Erin Hamilton; speech-language pathologist, Erika Flieger; speech-language pathologist and Danica Langis, audiologist.

SpeechPATH4U Update:

It has been a busy few months here at SpeechPATH4U. In August, we celebrated our 10th year in business! Oh how time flies. In September, our Elsipogtog team moved into our new office space at the brand new Elsipogtog First Nations Community School. We can't wait for COVID-19 restrictions to lighten so that we can welcome visitors to our new space. Our team continues to grow and this fall we've welcomed several new members to the team. Joining Erin Hamilton, Megan Gallant and Debbie Maund are Michele Theriault, Jessica Bohnet and Jasmin Heim. Here's to a great year ahead!

SAINT JOHN



Several staffing changes to report at the Saint John Regional Hospital. Erin Hamilton made a move to Moncton in April 2021 and is now working part-time with the Moncton Hospital and part-time in private practice with SpeechPath4U. Erika Flieger also moved on to Moncton in August 2021, accepting a full-time position on Rehab at the Moncton Hospital. Jennifer MacFarlane moved to St. Andrews in July 2021 and has been working with Eastern Charlotte Extra Mural but will be leaving that position at the end of December. Jennifer has recently accepted a position with Alberta Health Services and will be moving to Calgary along with her husband, Tim, and their sheltie, Maggie, for January 2022.

Jade Carruthers left Extra Mural Eastern Charlotte in August 2021 in order to return to school. She was accepted into the Dalhousie Medical program in Saint John. Wishing Jade all the best in her new pursuit.

Joining the team at Saint John Regional Hospital over the past several months include Allison Bowes, Robbi Daley, and Danielle Scholten. Montgomery Boone accepted the Charlotte County Hospital position. Congratulations to all of you on your new roles!

Danica Langis has joined the Audiology Department, working part-time at the Sussex Health Centre and part-time with the Moncton Hospital. Danica is a University of Ottawa graduate and trained with the Campbellton Regional Hospital, CHEO, Georges Dumont, and Argus Audiology. Welcome Danica!

Megan Gallant has been working with Anglophone South School District, 4 days with complex cases and one day in regular school setting. Megan is a Dalhousie University graduate and spent her first year as a school-based Speech Pathologist in Nova Scotia. Megan is originally from Quispamsis, NB. Welcome home Megan!



MIRAMICHI



Happy winter from Miramichi! Three of our members were married this year. We would like to congratulate Nadine Godin (Audiologist) who was married on July 10, Monica LeBlanc (S-LP) who tied the knot on August 21st and Amanda Matchett who wed on October 23rd. We bid farewell to Brittany Beatie (S-LP) who left ASD-N to pursue employment with ASD-W. All the best Brittany! Our school board S-LPs welcomed Chantal Pelletier to their team this past fall. Also, Mia Lawrence (S-LP), joined us at the hospital for a few months to assist with both the pediatric and adult outpatient caseload. We were happy to have her with us, even if only for a short time! We hope members from other regions are doing well and staying safe.

BATHURST



After 37 years as a Speech-language pathologist, Carole Asselin retired in June 2021. Carole wanted to share information about her published book, *Remember When...?* and, her project “Letters from the North Pole”.

Speech-language pathologists are always telling stories, remembering facts, and communicating them. We all have, on occasion, had the opportunity to tell all kinds of anecdotes at family reunions or at gatherings with friends, but how many of us have already documented these stories in writing? Even if we have no desire to write a biography, these anecdotes can be used to share our story with our children or serve as starting points for a lively conversation.

I have compiled 100 anecdotes from my past in order to generate ideas for your own memories. Write down your questions for your parents, or facts you want to share. The book contains space for your personal notes. Give this book to your elderly parents to document their memories. Use it for yourself to share your stories with your children. Use it with older clients to generate new conversations.

The book is available at Amazon.

<https://www.amazon.ca/dp/B08T8KHRKY>

A booklet is also available with mainly questions and ideas, and more writing space.

<https://www.amazon.ca/dp/B08TRJMGDB>



Another little project that I organized anonymously, about 3 years ago, are the “Letters from the North Pole”. This is a kind of subscription whereby every month the children receive a letter from Santa Claus that has stories about what is happening at the North Pole with the reindeer, the elves, Mrs. Claus, etc. Each letter is personalized for each child and includes a literacy activity, a photo and sometimes a surprise. It is a fun way to encourage reading with children aged 4-8 years old.

The letters are available in French or English for children in New Brunswick, Canada and even around the world.

For more information you can check out the website at: <https://lettersfromthenorthpole.com>

Publishing Information

Echo is a publication of the New Brunswick Association of Speech-Language Pathologists and Audiologists. Echo is published twice yearly. The newsletter is a benefit of membership distributed to all NBASLPA members. A yearly subscription may be purchased by non-members.

SUBMISSIONS / ENQUIRIES

Letters to the Editor, commentaries, and other submissions (including photos) are welcome. The Editorial Board reserves the right to edit submissions for length and clarity. Please forward submissions to: **Echo Editor (Kim Fontaine)**

kim.fontaine@horizonnb.ca

ADVERTISING IN ECHO

Employment and business advertisements will be published according to the fee schedule below. Educational opportunities are advertised free of charge. For more information, please contact Valerie Caron at www.nbaslpa.ca

Business card	\$25.00	Half page	\$100.00
Quarter page	\$50.00	Full page	\$200.00

Fees must be received prior to publication. A copy of the newsletter containing the advertisement will be sent to the advertising agency at their request. Employment advertisement should contain position title, duties, qualifications, salary, and contact information. All advertising submissions may be edited to conform to space purchased. Cheques made payable to:

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