

# ECHO

The New Brunswick Association of Speech-Language Pathologists and Audiologists



## Coping during the Pandemic

Members were faced with many changes and challenges during the pandemic. We asked, "How did you cope during the pandemic and what did you do to remain calm and maintain good mental health"? Here are a few responses.

I maintained contact with patients through telephone consultations. I did a little tele practice (once). It took a while to get the devices required for tele

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**COPING DURING THE  
PANDEMIC**

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**AGM 2020**

September 25th from  
11:30-1:30

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**EDUCATION SITES**

Recommended by  
members



**Tributes to  
André Lafargue**

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### TTF

TTF announces monies available for educational events.

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**Congratulations**

Darin Quinn has been elected to the SAC 2020-2021 Board of Directors

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practice (webcam, earphones “headset”). I listened to many webinars. I did some much-needed cleaning and decluttering, consulted with colleagues and shared our different situations and how we were coping. It also gave us some down time which was appreciated in this fast pace world.

Caroline Lavoie

During the pandemic I as well as many others were deployed throughout the hospital. For me it was a positive experience, getting to meet so many great people working at The Moncton Hospital that I would never of had a chance to meet. Our department is in a separate building, so I rarely travel to the hospital. For 2.5 months I was able to greet staff on both day and night shifts as well as work with nurses and doctors and other rehab professionals, sharing stories and feelings and at times some good laughs. I had the opportunity to meet many family physicians, who, for 30 years prior to Covid-19 were only a signature on referrals to me. I met many paramedics in the ambulance bay and operating room nurses whose organizational skills were mind boggling. We began in March screening frustrated employees who were used to coming and going through any door, to screening familiar faces asking how their shift went or did they have a good evening from one day to the next. Although Covid-19 has been a stressful time for some, I truly came out of it with a thankful attitude and see much more positive than negative in the past 3 months.

*Angela Kaiser Hansen*

## **2020 NBASLPA ANNUAL GENERAL MEETING**

### **AGM**

Mark your calendars for our AGM on Friday September 25th from 11:30am – 1:30pm. In light of COVID-19, our AGM will be held virtually this year. We will be using the Google Meet platform which will allow members to participate via videoconference or phone. The link to the event and all further details will be provided in September. We hope that many of you will join us! Please contact Diane at the office to notify us of your intention to attend.

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## Member recommended online education sites.

Members were asked to share their favourite online education sites. Here are some recommendations from your colleagues.

1. I would recommend AAC in the Cloud for the years 2017, 2018, 2019, and 2020 (as of June 23/24 2020). It's a two-day online conference each year with 3 streams per day (3 options per hour). Simply google "AAC in the cloud" plus the year. This FREE education session is in English, with a few Spanish sessions. The target audience is SLPs. People of all ages would benefit from these sessions.



2. Virtual AAC classroom. Click on things in the room and it will bring you to resources or a new page with a new "classroom" to enter with additional resources. Great way to quickly learn about various aspects of the world of AAC and get resources about particular apps as well. This Free, English resource is targeted at SLP for AAC. Check out the link below.

[https://docs.google.com/presentation/d/e/2PACX-1vRNeSY4PGepuodeliZB6YNHc93BW1zmNNhRFmTRILD3iVB6qFzSTzUTdTr3hv1-Ee76lzFRUZlIdmaW/pub?start=false&loop=false&delayms=3000&slide=id.g85c6008587\\_0\\_0](https://docs.google.com/presentation/d/e/2PACX-1vRNeSY4PGepuodeliZB6YNHc93BW1zmNNhRFmTRILD3iVB6qFzSTzUTdTr3hv1-Ee76lzFRUZlIdmaW/pub?start=false&loop=false&delayms=3000&slide=id.g85c6008587_0_0)

*Liza Bouchard*

Here is one of the education sessions that I did during the pandemic. I found it very useful and very interesting. This webinar is in English and would most benefit SLP's that work with school-aged children. It is a free webinar for SAC members.

<https://www.sac-oac.ca/news-events/events/5-minute-kids-individual-drill-based-program-students-speech-sound-disorders-2017>

This is another one that I thought was valuable. It is for SLPs and the target population is school-aged children. It is in English and is free for SAC members.

<https://www.sac-oac.ca/news-events/events/building-rich-vocabulary-different-therapeutic-settings-school-aged-children-2015>

Here is one more. It would be for SLPs and for a pediatric population. It is in English and is free for SAC members.

<https://www.sac-oac.ca/news-events/events/developmental-approach-childhood-apraxia-speech-2020>

***Darrellyn Snider***

The Stuttering Therapy Resources added some great online video tutorials and handouts (preschool and school age) on their website <https://www.stutteringtherapyresources.com/>

The best part is it's all FREEEEEEEE

The National Stuttering Association is offering a FREEEEEE online conference in July. All you have to do is register!

<https://westutter.org/>

Interesting Facebook pages and groups:

- Teletherapy for SLPs and OTs
- Speech Therapy Store
- Simply Speaking SLT
- DotCom Therapy
- SpeechTherapyPD
- Jessie Ginsburg, Speech-Language Pathologist ♥
- Jeunes Aventuriers, Clinique d'orthophonie
- Il était une phrase, orthophoniste
- TDAH, communication sociale et orthophonie
- The Whimsical Word Speech Teletherapy & Digital Resource Designer
- Bjorem Speech Publications ♥
- Teletherapy Materials for Speech-Language Pathologists (groups)

- SLPs go Digital (groups)
- Early Intervention Telepractice (groups)
- Téléorthophonie (groups) ♥
- Stimulation langagière en télépratique (groups)
- Exercice de télésoin en orthophonie en France (groups)
- Young Autism SLPs (groups)

***Caroline Lavoie***

I would recommend Black Sheep Press – It is in English, with the target audience being SLPs for pediatrics. I'm not sure if it was free as it was given to me by a colleague. They have amazing booklets for artic, syntax and pragmatics. All sharable on Zoom or email!

***Donna Carter***



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## Some creative ways our members have engaged kids via telepractice during the pandemic

**Ann Curwin** recommends these sites/videos for telepractice for SLPs.

Bunbun videos: There are 5 or 6 that would be good for vocabulary (farm and wild animals, fruit and vegetables, transportation)

[www.funbrain.com](http://www.funbrain.com): This has a variety of very short games that could be used as re-inforcers)

In addition Disney, Nick Jr. and PBS Kids all have activities or games to play but most people probably know about these already.

Judith Kuster's Website ([www.mnsu.edu/comdis/kuster2/sptherapy.html](http://www.mnsu.edu/comdis/kuster2/sptherapy.html)) has an enormous amount of information on a variety of SLP topics

I would like to share an idea that has worked really well for me in my telepractice sessions with preschoolers. I start every session with "Show and Tell" and I tell the parent ahead of time that they should help their child find a favourite toy or book to show me when we meet via Zoom. As soon as we get the audio and video connected, kids are anxious to show me their show and tell item for the day. Then I take a turn and show them a toy at my end. This seems to help get the interaction going and provides some natural opportunities for the child to provide some more information about their toy so I usually get to hear some connected speech.

**Kathy Mullin**

I recommend "build games". Kids love to make virtual cupcakes, cookies, pizzas, Christmas trees and more. These can be used for reinforcement after a session is over or, use them in your session to target choice making/answering questions/vocabulary/artic targets/comprehension. Here's a link for an example (best used in Chrome);

<https://www.abcya.com/grades/k/skill> (Make a Cookie)

**Donna Carter**

## Tributes to André Lafargue

A tribute to our friend and colleague, André Lafargue  
by *Anne Gallagher*

I'm honoured and humbled to write this tribute to André- he was a boss, a mentor, an inspiration, a friend, a husband, a father, a grand-father, and a devoted son. In whatever role we knew him, he stood apart as someone special.

I knew André for more than 30 years and although we were adults when we met- he more than I, as he was seven years my senior and raising three children- I felt that in some ways we grew up together. We were both new to Fredericton and the audiology and speech language department at the Dr. Everett Chalmers Regional Hospital in 1987, when he took the position of director of the department (and became my boss). He quickly became my mentor as he was involved in our profession on a local, provincial and national level, with a passion that I had never seen before.

His many professional accomplishments over the years were inspirational. His commitment to elevate our professions, no matter how many barriers he faced, was impressive. He was known for being a straight shooter which typically got him accolades (and sometimes got him in hot water). But no matter what, André was always true to his beliefs and that defined who he was both personally and professionally. His ability to respectfully disagree, but never hold a grudge, spoke to his integrity, professionalism and maturity. He was a kind and empathetic friend who could always be counted on. He was the first to step-up when he could help a friend, colleague or neighbour. He loved a good scotch and a gourmet meal paired with a french offering.

I think I speak for all of the audiology and speech language pathology community far and wide when I say - thank you to André, posthumously, for all you have done, which will live on through your legacy. So to André and his spirit and passion for life, we thank you, we'll miss you, and we have benefited greatly from a life well-lived.



André was an incredible friend and invaluable mentor to me, offering his hyper-energetic hand from the moment I moved back to New Brunswick as a first-time manager in 2005.

It was a true honor to follow in his footsteps in leading hospital Audiology and SLP in the Fredericton and URV Areas, a program and philosophy that he shaped from the very start. I would be happy to know that I picked up even a fraction of the passion and dedication he gave to our professions and most importantly, to his 'people' – patients, families, and colleagues.

Rest peacefully my friend and know that you have left a legacy of impact within NB and across the country that most could only dream of.

Darin Quinn

From the time André came to New Brunswick, his passion to promote the professions of Speech Language Pathology and Audiology was felt. André was a fierce promoter of our professions and a vocal leader who saw the unique niche these professions hold in the Canadian Healthcare and Educational systems.

André was a great friend and colleague to all; always willing to help in any way, offer sage advice, and support everyone personally and professionally.

André took time to talk and had a remarkable gift of being always positive thinking and proactive. It was truly a pleasure and great experience working with André – both here in New Brunswick and at the National Level at our committees and conferences.

André was also the ‘life of the party’ – easily making friends, a fabulous dancer and great humorist.

He will not be forgotten by those of us who were privileged to receive his hugs and encouragement. Our professions are richer due to his guidance and leadership. He will be missed and our memories of him will be cherished.

***Margaret Melanson***

I knew André through work for many years as an itinerant teacher with APSEA, and as a friend as we attended many parties together over the years. He was such a positive man. I still find it hard to think he's gone. He was bigger than life, and always loved a party.

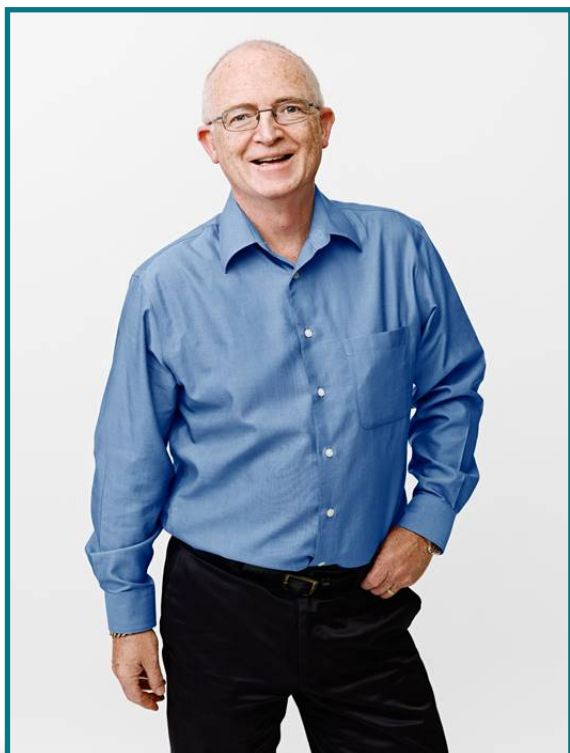
***Susan Kennific***



When André arrived in Fredericton, he had “association experience” having been active as President of the NL association and of SAC (referred to as CASLPA at the time). Although there was a lot of work to be done to get the regulation side of our association set up André told me he needed to step back. His focus at the time was getting settled into a new job, getting his family settled into a new city/province and getting to know people. Although he participated at the committee level it was more than a decade before we benefitted from his leadership. André and I were both managers in Fredericton and collaborated on related issues/topics. We also travelled together to attend Maritime SLP/AUD manager meetings in NS. We got to know each other well and like so many, we had a good connection.

André’s major role with NBASLPA overlapped with my second term as President. I was contacted by different people wishing to nominate me as President Elect. I had previously served a 4-year term (2 of those as Past President) and was reluctant to make such a long-term commitment again. However, André was very persuasive, and I agreed on the condition that he would accept my nomination for the position of President-Elect the following year. He did and provided the association with his leadership as we entered the new millennium. I had the pleasure of working with him on the Executive for 2 years and then on different NBASLPA committees/sub-committees subsequently. I admired him - his passion, warmth, thoughtfulness, commitment, loyalty, morality, work ethic, joie de vivre...I miss him.

*Eileen Keating*



## CONGRATULATIONS

Congratulations to Darin Quinn who has been elected to the SAC Board of Directors 2020-2021! Thank you to all of our members who voted in the February election. We are lucky to have such an accomplished member who is willing to volunteer his time for our national professional association. Darin began his term following SAC's Annual Meeting of Members held on June 22nd.



**Darin Quinn**  
**Director of Therapeutic Services,**  
**Horizon Health Network**  
**Fredericton, New Brunswick**

Darin Quinn received his MSc. in speech-language pathology at Western University in 1997. His career began in Barrie, Ontario where he worked in both hospital and private practice sectors, focusing on adult neurogenic communication disorders, dysphagia, and voice. While there, he also taught several related courses in the Communicative Disorders Assistant program at nearby Georgian College. In 2005, an opportunity to lead the adult neuro rehab team at the Stan Cassidy Centre for Rehabilitation brought him back to his home city of Fredericton. In 2012, he became manager of hospital Audiology and SLP departments in the Fredericton and Upper River Valley Areas and soon after added the role of Regional Lead for Audiology, where among other things, he worked closely with hospital audiologists from around the province to advocate for review and enhancement of NB's Newborn and Infant Hearing Screening Program. He served as President of New Brunswick's dual association/regulator, NBASLPA, between 2015-2018 and continues to stay active with its work. Darin is currently the Director of Therapeutic Services for the Fredericton and URV Areas of Horizon Health Network, overseeing nine therapeutic disciplines, including Audiology and SLP.

### MONIES AVAILABLE FOR EDUCATIONAL EVENTS

The TTF committee would like to remind you that 2800 \$ is available for educational events this year. To date, no applications for event funding have been received which is not surprising under the circumstances. However, it may not be too late to organize a virtual conference. We encourage our members to take advantage of the funds available to plan something different this year. Put your thinking caps on and send us your application!

The TTF investment was valued at \$48586.50 as of June 24, 2020 and has shown good resilience despite market volatility.