# ECHO

Newsletter of the New Brunswick Association of Speech-Language Pathologists and Audiologists

# Education, resources, and awards

-page 2

## Regional updates

-page 3

## **Special Feature**

André Lafargue–SAC 2014 Lifetime Achievement Award

-pages 5-8

## And more...

Note from a member

-page 4

TTF update

-page 4

Spotlight on an organization

-pages 10-12

Who is NBASLPA?

-page13

Publishing information and message from the editor

-page 14

# President's message

Well here we are another year already.

Before moving forward, I have to say that our AGM and Conference held in September was a huge success. Thank you, again, to Jennifer O'Donnell and her team. A HUGE THANK YOU to all of you who have offered your time to help our organization stay together and move forward. I encourage more to participate and/or join various committees.

Now to our new year. I look forward to stepping into the new role of president. It will be very hard to follow in Michelle's footsteps. She did a fabulous job last year. Her dedication and passion for our organization kept the team working together and on task. Thank you Michelle; I will continue to look to you for guidance. Also our team has two new committee members: Mary Blunston, who has filled the secretary position, and Deborah Maund, our new president elect.

We are now into our second year of the strategic plan of 2014-2016. I will continue with our task of moving forward with concerns brought forward from you with the survey of 2013, which has our focus on: Regulation, Professional Practice, Advocacy, Public Awareness, Health Promotion, and Effective Organization.

Our organization is awesome. To keep informed of what is going on I encourage more summations into the ECHO. Thank you Sarah Feltmate for stepping into the editor role of the ECHO. The ECHO is also a great tool to follow our committees by keeping up to date with the minutes submitted. This will help keep our operations more transparent and provide opportunities for you to help with various tasks that are being addressed that you have a desire to see improved.

I look forward to working with you as we continue to strengthen our association.

Thank you for entrusting me with the responsibility of stepping into the role of your president this year.

-Matthew Box

# Congratulation to this year's winner of the Clinical Excellence–SLP award Hérica Doucet

# Continuing Education Opportunities and Resources

Have you found a good resource or course you think we should all know about? Share it here!

Are you organizing a continuing education opportunity? Advertise in the Echo!

Contact the editor at <a href="mailto:communicationnb@gmail.com">communicationnb@gmail.com</a> with any continuing ed opportunities big or small for the next ECHO. This is a great way to help each other keep up our skills!



# NBASLPA AGM and Conference in short

Our AGM and Conference held in September was a huge success. Thank you, again, to Jennifer O'Donnell and her team.

We had great sessions—106 attended the SLP session given by Margit Pukonen and, 15 attended the Audiology sessions given by Chasin and Bagatto.

At this year's AGM we had 3 prize winners. Alise Innes won the free NBASLPA Membership for 2015 Did you attend one of the education sessions? Would you like to share what you learned in the next edition of the Echo? Contact communicationnb@gmail.com

and Karine Nadeau and Mary Blunston each won an iPad mini, donated by ReSound. Congratulations!

# A new tool for busy parents

I recently looked at Carole Asselin's "**Words I Say**" app and the supporting website <a href="http://wordsisay.com">http://wordsisay.com</a>. If you're looking for information for families with young children, check out the website. Carole has some great topics including: "My Baby's Hearing", "Using Signs with Baby", "Will 2 Languages Delay My Child?", "Babble or Baby Talk?", and "What is a Word?", all in an



easy to read, parent friendly format. They are also available in printable versions so you can give a paper copy to families who don't have access to the internet.

Carole developed the website in support of her app of the same name. The app lets parents track baby's first words. It's easy to use, lets you add words as they come up, and write the various versions of the word the child uses until they get the correct pronunciation. She's even added a feature that lets proud parents post the words on Facebook. Right now, the app is FREE. Just search for it through the iTunes store.

-Anne Turner

# Regional Updates

### **Moncton Area**

We have been busy celebrating many big events in the Moncton area!

Best wishes and congratulations to **Linda Walsh** on her retirement in May. In July, our team was very pleased to welcome back **Krista Kidd** after a year away on maternity leave. Also congratulations to **Tiffany Dixon** on the arrival of baby Audra in July, 2014.

## Restigouche Area

In S-LP, in June, **Marie-Andrée Mahe**r retired from the world of speech-language pathology. We wish her a good retirement! Her job was filled by **Jamie MacDonald**, a new graduate.

Stéphanie Maillet's first baby, Frédéric, was born September 24, 2014. We wish Stéphanie a happy maternity leave. Her job is being filled by Marika Joëlle Arseneau.

In audiology, we wish **Janik Lagacé** a good maternity leave. **Janik** had a boy named Élias on July 8, 2014. He job is being filled by **Julie Cyr**, a new audiology grad.

Best of luck to the newcomers!

## Campbellton Area

### Miramichi Area

# Saint John Area

### **Edmundston Area**

Hope to hear from you next time!

Would you like to become a representative to keep us up to date?

Check out the vacancies or collaborate with the current reps!

### Chaleur Area

Congratulations are in order for speech-language pathologists Estelle MacDonald, Sophie Levesque, and Jennifer O'Donnell!

**Estelle** and her husband TJ welcomed their first child, a son named Jake, on April 10. **Sophie** married Johnny Roy in a beachfront ceremony in Dominican Republic on April 21. **Jennifer** was elected to Speech-Language and Audiology Canada's Board of Directors for a three-year term.

Also, welcome to **Maryse Landry**, speech-language pathologist, who is replacing **Hérica Doucet**'s maternity leave. **Maryse** will be working at the Extra-Mural Program covering all of Zone 6.

# Fredericton and Upper River Valley Area

**Kelly Walton**, Rehabilitation Assistant with the Fredericton Talk with Me program welcomed a new baby girl, Marlee Marie, born on May 26, 2014.

**Isabelle LeBlanc**, S-LP, is working part-time with the Anglophone West School District where she divides her time between the Talk with Me program and school based services.

Welcome to our new audiologists hired this spring, both new grads from Dal: **Alex Colquhoun** at URVH and **Caitlin Waugh** at DECH.

And finally, a big thanks to everyone who was able to make it out to our 2nd annual May Month social at DJ Purdy's in Fredericton.

# Note from a member:

Dear colleagues and friends of NBASLPA,

Our family experienced the devastating loss of our lovely home and innumerable treasured possessions to a fire on Feb. 4, 2014, at which time we were profoundly aware of and thankful for the good fortune to still be among the living. Despite this loss, we continue to feel rather blessed to be on the receiving end of so many sincere expressions of compassion and affection. The generosity of the human community around us, near and far, has been a healing salve on this painful wound. We are now at a spot where some sense of order is gradually making its way back into our lives as we move on and rebuild our home.

At this time, I would personally like to express my most sincere appreciation for the wonderful support, generosity and friendship received from my colleagues and friends at NBASLPA. With love, and great gratitude, thank you from the bottom of my heart for making me feel so good at a time of difficult loss.

Stuart and I have been handed some lemons, and now it's time to get making lemonade!

# News from the TTF (Training Trust Fund)

\* The TTF Board received two requests for funding this year. The first was a request for the Speech & Swallowing in Individuals with Tracheostomy Tubes Conference, held in October in Saint John. Funding of \$1000 was set aside to cover the costs of this conference with an extra \$500 available if necessary. The second request was for the AGM & Conference held in Moncton in September. This request was accepted, and, according to our guidelines, a \$1500 contribution was given for the 2014 AGM & Conference to cover costs as needed.

- \* At this point, we are unable to determine if individual bursaries will be available in 2015. The membership will be informed in early January if bursaries are available or not.
- The TTF Board reviewed and updated the TTF Terms of Reference (as requested by the NBASLPA Executive). We are also presently reviewing and updating all TTF documents (guidelines and forms).
- \* In February 2015, the TTF Board will meet to determine if funds will be made available for educational events in 2015, based on the status of the mutual funds on December 31st, 2014.

Mutual Funds Investment Update	Total value
December 31	\$43,925.58
March 31	\$45,536.94
June 30	\$47,123.32
September 30	\$46,489.52

Members of the TTF Board are:

Francine Cormier (co-chair), Paula

# Spotlight on a lifetime

## André Lafargue-SAC 2014 Lifetime Achievement Award Recipient

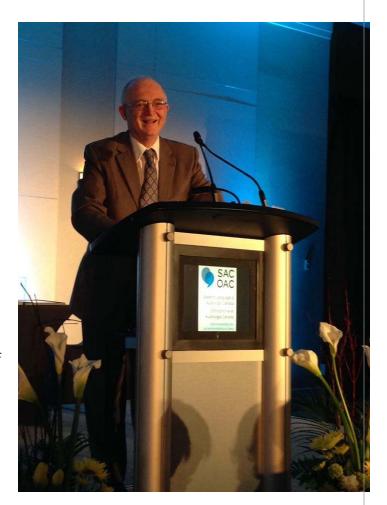
As many of you know, André Lafargue received SAC's 2014 Lifetime Achievement Award in May. For those who were unable to attend, here is the speech he gave at the SAC banquet in it's original form, bilingual snippets and language play included. (As an aside, given André's love for language I had him translate the text of his speech and the answers to my questions himself to be sure it was in his own voice. When he finished he said "now I can send a copy to me dear of mom!")

#### CSHA-CASLPA-SAC-WHAT'S IN A NAME?

### O-M-G!!!

It is with great emotion that I stand today in front of you, my dear S-A-C colleagues, to receive this Honour. I am humbled that some of my colleagues felt I deserved this nomination and took the time to prepare it-It is indeed a great honour to be recognized at the tail end of one's career for one's lifelong accomplishments. The fact that this coincides with the celebrations of the 50<sup>th</sup> anniversary of our association makes it even sweeter. Wow! What a ride it has been! And guess what? If I were given a chance to do it all over again, I would not change a single decision I made which lead me to practice within and to participate in the development of two of the best professions in the world. And this within my beautiful country of adoption! 38 short years ago, after graduating from UBC, I applied for and was accepted for membership in an organization called C-S-H-A! My first membership certificate was signed by the then-president, Elaine Heaton of Alberta. I had the privilege to be present in 1999 when Elaine, a "Force de la nature with a wonderful sense of humour" was the first member to receive the same honour bestowed on me today. She accepted the First Lifetime Achievement Award from the organization then called C-A-S-L-P-A!

A different name you say? Yes, but what's in a name without people like you, or people like us in it?



As I look back at these 38 years I realize how little I would have been able to accomplish had I been all by myself without the support of my provincial and national professional associations... And gosh am I ever grateful.

I am grateful for the kind parents I had who instilled in me the concept of hard work and responsible

citizenship. Through their own actions, they demonstrated to me an effective leadership model I chose to follow for my personal and professional life. As me ol' 87 year mom still says to me, « Ne te laisses jamais inféoder par quiconque »—"Never ever become subservient to anyone"—Reserve your right to be able to say what you think is right and to defend your arguments—If you must? Always fight arguments; never people!"

I am grateful to my professors both at MUN and UBC who believed in me, planted seeds, cultivated them and satisfied my thirst for knowledge. Many of these professors have been lifetime mentors. One of them in particular, who is largely responsible for CERTIFICATION, Dr. John Gilbert, was the first ex-CSHA/CASLPA president to receive the Order of Canada! When I doubted that I could be president of this organization, it was John who said to me in January 1985 (and btw for the benefit of our guests from ASHA present today it was well before someone else used the slogan south of the border! Wink!)— "YES—YOU CAN"!

I am grateful to the many hundreds members, volunteers, colleagues, National Office staff I have had the pleasure to work with over the last 38 years on executives or professional boards or benevolent associations both on the provincial and national "level or committees and task forces. Together we shaped the policies surrounding our professions and the services we provide to our clients from coast to coast to coast! We followed our dream, and together we rocked!

I am grateful to the many thousands of clients I had the pleasure and privilege to serve over my lifetime, for their thank-you notes and hugs or tears of joy witnessed and shared in my practice. They rekindled and fuelled my fire to continue working to improve their life!

Last but not least, I am grateful to my wife Lynn, the wonderful person who stood by me through thick and thin all these years allowing me to get involved. Lynn still dances with me. Lynn brings me

back to earth when the Type A tornado that I am aets out of control!

I know time is precious but I beg a couple more seconds of your time. I would like to conclude by passing on advice to the numerous students present today—including student volunteers at this conference and those recipients of student awards who stand here today to be recognized.

As SAC embarks in a new era, as our world advances at warp speed, when (OMG! Am I really going to say this? Ha!) short acronyms are replacing longer, cumbersome sentences, I say: "Please, please take the time to slow down, to reflect on the meaning and purpose of your chosen profession. Most of all, take the time to get involved in whatever capacity you can to help carry the torch offered to you today by so many people present here and others who have given of their time and energy to prepare the path for you on the provincial or national level. They have already taken the time to develop and shape the services across this wonderful country-or better still, across the world! Get involved to put your own trademark on what is offered to you!"

May you be standing in front of your peers 30+ years from now-under whatever name the organization will have at that time—as I am today-receiving this award and echoing my few last words!

NON RIEN DE RIEN-NON-JE NE REGRETTE RIEN!

We did it! I just gave it my best and my two cents' worth to help out! It was well worth it!

Long live S-A-C!

Thank you all!

I got together with André to as him a few questions over a combination of Facebook and email, one of us in Fredericton, the other on his way to Saint Pierre & Miquelon. Technology has certainly changed!

1) You've worked in many places with many different clinical focuses over the years; what are some of your best memories of the places you've worked (and are still working!)?

My mind is full of wonderful memories—too much to list them all but as I reminisce about my first few years in Central Newfoundland what really strikes me is the positive and sometimes life changing interactions I had with the people of the outports who had never seen or interacted with a speech therapist/audiologist before. I like to joke that as a young graduate I was parachuted in the middle of the island with a PPVT, a box of tongue depressors and a portable audiometer. My office was my car trunk as I traveled to every outport with the intent to document the need for services—You would not believe the kind of (sad) cases I encountered and had to tackle on my own to attempt to help or refer for appropriate care:

- a) A 12 year old kid with an unrepaired submucous cleft palate (which subsequently was repaired) teased to the point of nervous breakdown.
- b) A labeled "retarded" 15 year-old male who in fact had a very significant congenital hearing loss.
- c) A twenty-four-year old extremely severe stutterer who was relieved to hear from me that his dysfluency was not caused by a cancer growing in

his head as he had been lead to believe and whose very severe secondary signs / ticks almost completely disappeared after only a few sessions! I could go on and on, and Diane Sharpe and Martha Vowles could certainly add quite a few similar examples as I had the pleasure to work with them when they joined me in the practice.

My best memories in NB are many and it would be difficult to name just one. I have been privileged to work with a team of very able and professional colleagues both at the clinical and administrative level. We have had the opportunity to work collectively to shape the services in NB. Our professional association, under very able leadership over the years has been able to influence the powers-that-be to make some very major positive changes to the life of New Brunswickers young and old. I think about the lobbying and implementation of the Newborn and Infant Hearing Screening Program and the Classroom Acoustic Project.

# 2) If you could choose just one, what technological change over your career has most benefited patients/clients and why?

I would have to say that the miniaturization of equipment and prosthesis as well as the digitalization of technology played the biggest role in enhancing the life of both professionals and the patients we serve. For my first Masters thesis I physically traced 2500 voice spectrograms on paper and had to design my own templates to measure formants / intensity and timing! Today an SLP can analyze any spot on the same spectrogram in real time with a click of a mouse! In audiology of course the miniaturization and digitalization / processing has revolutionized the profession. I started 37 years ago with one screwdriver and one trim pot to make one change in the prosthesis to fit my patient based on his response-I had to use every bit of my knowledge of acoustics-I had to physically shape and enhance the signal in the patient's ear canal! Now I interact in real time via a

computer with my client's prosthesis; I can objectively measure and see the impact of that change in real time! The prosthesis can recognize voice and eliminate or attenuate environmental noises, hearing aids are now "talking "to each other and can link to telephones and all other devices to enhance communication. This page is too short to list the possible millions of combinations of changes I can bring to my patients' prostheses today in my practice as I fit them. I can customize an infinite number of programs suited for their needs! It's mind boggling, fascinating and it's going to get better!

# 3) Besides the obvious technological changes, what are the major changes in the profession that you've seen over the years?

Tough one to answer—I think what struck me the most was the shift in the process therapy of moving from dictatorial 'I am your therapist—I know what is wrong with you and tell you what to do—to a participation model 'I am a person who knows about how to help you—what are your needs and goals and how can we work together to make it happen?'

# 4) Where do you see audiology (or speech pathology!) in 30 years?

Fascinating question and almost scary to try to answer. I have observed the last 37 and the curve of development is definitely exponential. The sky is the limit with respect to enhancements in technology. I just heard tonight that they perform brainstem level implants for deaf kids! In thirty years, we will probably have a pharmaceutical answer to prevent and possibly reverse hearing damage caused by noise! Hearing aids as we know them today will be as obsolete as the ones designed 30 years ago are today!

# 5) What are the most important clinical skills a new clinician can develop?

- a) Be an active listener in front your patient—They (not you) dictate what you are going to do! Set up goals WITH them, not FOR them!
- b) Always ask yourself 'why?' and seek the answer! Why is my patient acting or reacting this way? Why am I doing what I am doing with them, and am I doing it right?
- c) Don't follow a cookbook approach to your service delivery—Don't necessarily believe that what you read in the "expert"book is THE final answer. There is always a better one. I have seen theories come and go! The flavour of the day will not be current tomorrow. In fact it may completely be torn apart!
- d) Trust your clinical instinct, but don't believe that you know it all! You simply don't—I am the proof of it! After 37 years I still don't know it all. It's okay to make mistakes—I still make mistakes, but when I do make one I acknowledge it, I learn from it, and I move on!

Finally—Get INVOLVED in your professional association! It is your duty to help shape the services of your province! :-)



# UNIVERSITY OF NEW BRUNSWICK

# Autism Support Training Program



Develop skills to effectively support and manage people with behavioural challenges.

Program starts January 26, 2015

### Find out more at

go.unb.ca/celautismsupport call 506 458-7843 or email fjutras@unb.ca

Deadline for applications is December 15, 2014. Bursaries are available for qualified applicants.



# Spotlight on an organization

## L'ÉQUIPE/TEAM CANADA HEALING HANDS

L'Équipe/Team Canada Healing Hands (TCHH) is a not-for-profit humanitarian and registered Canadian charitable organization, dedicated to the provision of rehabilitative education, training and care in areas of need. With a focus on supporting the development of locally sustainable services, volunteers are rehabilitation health professionals and support personnel who work year-long fundraising, advocating and organizing projects that typically culminate in 7-14 day intensive infield team projects. Since 2003, 40-50



volunteers have travelled annually to Haiti. Although TCHH is based out of Fredericton, New Brunswick, volunteers have participated from all parts of Canada.

TCHH has been actively working since 2005 to improve access to Audiology and Speech-Language Pathology (SLP) services and facilities in Haiti. TCHH has several SLP projects in different parts of the country (i.e., Port au Prince, Jacmel, Ile a Vache, Cap Haitian).

Over the last 6 years, TCHH developed a strong relationship with Centre St-Vincent pour Enfants Handicapés (CSVEH) through two projects:

- 1. TCHH Sign Language Teacher Training Project under the leadership of Karen MacKenzie-Stepner, Speech-Language Pathologist
- 2. TCHH Hearing and Communication Special Project under the leadership of Huguette LeFrançois, Speech-Language Pathologist

TCHH was also involved with St. Vincent's through consultations regarding their physiotherapy and prosthetic services prior to the 2010 earthquake.

# TCHH Sign Language Teacher Training Project

In July 2012, Hope Lennartz of Friends of St. Vincent's approached Karen MacKenzie-Stepner, TCHH, to request a yearlong teacher and staff training program to teach American Sign Language (ASL), curriculum development, techniques for teaching deaf children and overall language development in deaf children. The Sign Language Teacher Training Project training program was proposed to run from July 2012 to July 2013 and to occur on a monthly basis for a total of 12 sessions.

The Sign Language Teacher Training Project was held at CSVEH and was opened to all of their teachers and staff. Teachers from two other schools (École l'espoir, Leveque and École Sister Margaret, Tabarre) attended some of the sessions. Each training session consisted of several components; sign language vocabulary and syntax development, in-classroom instruction, specific teacher training, and parent workshops, in addition to providing information on Deaf culture and Deaf history. Hands-on work in the classrooms demonstrated teaching methods

for teaching the different aged deaf children as well as the ASL vocabulary associated with the curriculum. Separate training sessions were held with small groups of teachers to review curriculum, lesson planning, higher level ASL vocabulary/ syntax and how to use visuals to teach concepts to the students. Curriculum topics were taken from the Haitian national curriculum and covered such things as animals, fruits and vegetables, the human body, plant life, rocks and minerals, the solar system, etc.

During each trip, parents of the students from the beginning and middle classes were invited to come for a day of training on language development in a deaf child, importance of communication with their child and an introductory class in sign language.

There were approximately 65 individuals who started the Sign Language Teacher Training Project program. Thirty-one teachers/staff finished the twelve modules in May 2014. All teachers achieved Level 1 ASL ability with several of the teachers advancing to Level 2 to Level 4 ASL.

In May 2014, Karen MacKenzie-Stepner met with school representatives from CSVEH and Sharon Fairbanks, Friends of St. Vincent's, to discuss future and ongoing needs for the school and plan for further teacher education. TCHH has committed to continue with the teacher training in

partnership with Sharon Fairbanks.

# TCHH Hearing and Communication Special Project

Under the direction of Huguette LeFrançois, M.O.A., TCHH Hearing and Communication Special Project began in 2005 with the provision of sound isolation chambers, audiometers and other hearing instruments. The first chamber was completed at l'Hôpital de l'Université d'État d'Haïti (HUEH) in 2007 and the second one at Centre St-Vincent pour Enfants Handicapés (CSVEH) in 2009.

An audiometry training program (with theory and clinical practice exams) was created in 2011 following a request from an Ear Nose and Throat Specialist (ENT) director at HUEH. This program includes: (1) Training of audiometry technicians for diagnostic hearing testing (excluding interpretation of the results, which would be reserved for the audiologist or ENT) and, (2) training of audioprosthesy technicians for hearing aid fitting and maintenance. Christine Turgeon, Ph.D. audiologist, is responsible for the audiometry training program, and Francis Garnier, audioprosthetist, is responsible for the audioprosthesy training program. With a group of three audiologists, Christine developed a manual for the theoretical part of the audiometry training.

Another manual for audioprosthesy technicians training has been created by audioprosthetists, Francis Garnier and Marilyn Rancourt Emond. A volunteer otolaryngologist has joined the team since October 2013. He offers ENT expertise in diagnostics and interventions and gives seminars to ENT students/interns at HUEH, and UEH.

In 2011, Hearing and Communication Special Project expanded to include Speech and Language Pathology (SLP) activities including the training of a Communication Disorders Assistant at Klinik Kay Kapab in Bourdon. Catherine Thomassin, M.P.O. (SLP), accepted the responsibility to develop a syllabus in collaboration with other SLPs. After two years of tutoring theory instruction and onthe-job training, this training was put on hold at the end of 2013 as a result of the trainee having withdrawn. In April 2014, a SLP service was established at St. Vincent's which consists of an onsite outpatient clinic as well as outreach services to different sites (schools, orphanages, hospitals, etc.).

The overall goal of this project is to develop and provide quality services for hearing testing, hearing aid fitting, and speech therapy, to understand the community needs, and to focus our efforts for them to become independent and self-sustainable. Ultimately, TCHH seeks to support and assist CSVEH in the establishment of a permanent

hearing clinic, to be operated entirely by CSVEH. The project members have committed themselves to two site missions in Haiti per year (with a team consisting of francophone audiologists, audioprosthetists, speech-language pathologists, and an ENT) in addition to distance supervision by email or Skype between missions. The project members will also provide education on hearing, hearing aid fitting, and maintenance to the teachers of the deaf and hard of hearing students at CSVEH, and on SLP topics (dysphagia, voice problems, activities to stimulate speech-language development, etc).

Since 2012, TCHH Hearing and Communication Special Project has also partnered with the Red Thread Promise (RTP), a US organization supporting CSVEH though several activities, one of which is donations to TCHH for the purchase of new digital hearing aids for all the children of CSVEH. We are also in partnership with Christian Blind Mission (CBM) in a pilot project integrated into the HUEH-ENT project.

The TCHH Hearing and Communication Special Project has made significant advances in the past seven years, and has benefitted from a dedicated team of volunteers and community support. They have now trained

four audiometry technicians capable of performing hearing tests, and two audioprosthetist technicians. They now work in three different clinical sites in Portau-Prince, at Centre St-Vincent pour Enfants Handicapés, at HUEH and in a private ENT clinic. Recently in April 2014, two new students also started the training in audiology. Moreover, following a request from Université d'État d'Haïti (UEH), a partnership has been established between TCHH, Université de Montréal, and UEH in the development of a university program in Speech-Language Pathology and Audiology at UEH.

-Article provided by Huguette LeFrançois

## Team Canada Healing Hands raffle

A total of \$783.00 was raised from the tickets sold on the gift baskets and other prizes. The money was donated to Team Canada Healing Hands to contribute to the salary of an S-LP support worker.

The winners of the raffle prizes were as follows:

Gloria Yachyshenm Car care package

Martine Theriault Gift card entertainment package

Kathy Pader Kids' fun package

Kim MacKeigan Fitness package (She didn't cheat, honest!)

Shelley Leiner Soothe the Soul package Isabelle Allain Gaming sound system

Rebecca LeBlanc Golf bag

To learn more about Team Canada Healing Hands or to learn how to get involved, visit www.teamcanadahealinghands.ca





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**UPPER RIVER VALLEY** 

Do you see those spots that say vacant? You should fill one!

Do you see all those committees? We'd love volunteers!

# A message from the editor

Taking on a new position is never hiccough free. I won't get into all the fun challenges I've encountered already in getting this issue out, but suffice it to say, I commend Lindsay and all the editors who came before me! Not only am I new to the ECHO, I'm relatively new to NBASLPA, so I'm discovering the inner workings of the organization and taking over the responsibility of keeping you posted on them at the same time! For now, the plan is to publish 3 ECHOs per year: Fall, Winter, and Spring—and even though it might feel like winter outside now, I assure you it's still fall!

When I mentioned becoming editor to a few colleagues that I greatly respect, I was pleasantly surprised to find that they, too, had been ECHO editors. I know I have big shoes to fill, and I hope that after I learn the ropes I can begin to focus on new segments and put my own stamp on the ECHO.

I know there has been a big push on you all to get involved in NBASLPA and I'm going to reiterate that. From the perspective of the editor: the more involved you are, the more things happen, and the more we have to write about in the Echo! I received some unprompted suggestions and contributions for this edition of the Echo and I'd love for that to continue. If you'd like to become involved by writing an article, a research review, or a product review, please do! Share a feel-good story or two, a new technique we should all try, or an idea for a column. Use the ECHO platform so we can all benefit.

-Sarah Feltmate

# **PUBLISHING INFORMATION**

ECHO is a publication of the New Brunswick Association of Speech-Language Pathologists and Audiologists. Echo is published three times yearly. The newsletter is a benefit of membership distributed to all NBASLPA members. A yearly subscription may be purchased by non-members.

#### **SUBMISSIONS / ENQUIRIES**

Letters to the Editor, commentaries, and other submissions (including photos) are welcome. The Editorial Board reserves the right to edit submissions for length and clarity. Please forward submissions to: communicationnb@gmail.com

**NEXT SUBMISSION DEADLINE:** 

February 15, 2015

### **ADVERTISING**

Employment and business advertisements will be published according to the fee schedule below.

Educational opportunities are advertised free of charge.

Fees must be received prior to publication. A copy of the newsletter containing the advertisement will be sent to the advertising agency at their request. Employment and business ad fee schedule:

business card \$25.00 quarter page \$50.00 half page \$100.00 full page \$200.00

Employment advertisements should contain position title, duties, qualifications, salary, and contact information.

All advertising submissions may be edited to conform to space purchased.

For more information, please contact Diane DeCoste at the NBASLPA office.

Cheques made payable to: NBASLPA